

HEART F.E.L.T.

Heart F.E.L.T., Filling Empty Little Tummies, is a backpack program to feed children on the weekends, when they often go hungry. Teachers began noticing the difference when the children who had talked about 'having no food over the weekend', actually began participating in the backpack program. The meals were nourishing these children leading to better classroom outcomes. The children were noticeably more attentive, more willing to participate and happy.

There are currently 14 Churches working in the HeartF.E.L.T ministry in Calvert County that are partnering with 14 elementary schools. HUMC supports children at Huntingtown Elementary and Mt. Harmony Elementary schools. HeartF.E.L.T. is a donor generated outreach program. Much of the food comes from the Maryland Food Bank, but we have been blessed to receive donations from the HHS National Honor Society, HHS National Business Honor Society, Boy Scouts, Girl Scouts, Lions Club and the various local Huntingtown citizens. All donations go directly to the children in need. All children participating in the program are invited to our Santa's workshop and Easter celebrations and the families are provided with food to last throughout the breaks with a special dinner for the family for Christmas and Easter.



HUMC SUPPORT:

STUFF BACKPACKS:

Help assemble the backpacks to provide weekend meals for the children registered for the program. Please contact Donna Zibreg at skipjack28@comcast.net.

DELIVER BACKPACKS:

Deliver the backpacks to the designated school for the children to take home for the weekend. Please contact Donna Zibreg at skipjack28@comcast.net.